

San Diego County Elementary Cross Country Championships Entry Form

Parent/Guardian Name:				
Legible Parent/Guardian Email:				
Student Participant Name:				
School Name:				
Category (circle):	San Diego Unified School District	County School	Private School	Club
Physical Education Teacher:				
Age on Race Day:	Grade:	Race Distance (circle): 3k boys 3k girls 2k mixed fun run		
Gender:	Team Name:			
	<i>Please be specific, as there may be more than one team per school</i>			
Optional T-shirt size (circle) Y-SM Y-M Y-LG Y-XL				
T-shirt orders must be received by October 15, 2018. Cost: \$8 Make checks to: <i>Gage PTA</i>				
Mail completed application to: Mary Lou Baranowski, Gage Elementary, 6811 Bisby Lake Ave., San Diego, CA 92119 or fax 619-463-0534				
Entries must be received no later than November 2, 2018				

In consideration of allowing me and/or my minor child/ward to participate in this event, I assure you that:

- 1) I am the parent/guardian of the participant, having full legal responsibility for decisions regarding the participant.
- 2) I believe that I and/or my minor child/ward are physically, emotionally and mentally able to participate in this event.
- 3) I acknowledge that my and/or my child/ward's skill, health, and conditioning are adequate to participate in this event and we accept all risks associated with the participant's participation in this event.
- 4) We fully and finally release Gage, San Diego Unified, City of San Diego and any and all of their directors, employees, volunteers and other assistants, Challenger Productions & RAMM Sports LLC (DBA Fusion Timing), sponsors, and honorary race directors from any and all liability for any injury, harm, and loss we suffer or may suffer in any way associated with my and/or my minor child/ward's participation in this event.
- 5) I give my permission for considered entrants to be interviewed and photographed/videotaped by the news media.

Name of participant _____

Name and signature of parent/guardian _____ Date _____

Paul Greer 1 Mile Fun Run (Not timed, grades 1-5 welcome)
Steve Scott 2K: Mixed Grades 1-3
Milena Glusac 3K: Girls Grades 4-5
Thom Hunt 3K: Boys Grades 4-5

Event Information:

- 3k and 2k races will be chip-timed. Live scrolling results.
- Maximum 2 teams of 7 runners per school allowed in each 3k race. Top 5 runners on each team comprise score.
- Maximum 2 teams of 5 runners per school in mixed 2k race. Top 3 runners on each team comprise score. (Teams may consist of all girls, all boys, or any mix)
- Members on each team (specify team name and designation) must be declared upon receipt of entry. No substitutions!
- Categories for SDUSD, County Schools, run/athletic club, private schools
- Students in grades 1-3 may compete in the 3k races, but older students may not compete down in 2k.
- Winning teams will take home a traveling plaque to their institution; runners on winning teams will be awarded medals.
- All runners receive finisher ribbons.
- We would appreciate a \$2 donation per runner to cover award/production costs.
- First race starts at 3:30, check-in for mile and 2K NO LATER than 3:10, 3K NO LATER than 3:20
- Ample parking, but be prepared to walk up to ¼ mile to check-in. Recommend arriving between 2:30-3:00